

# Organic products for healthy young skin

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## Skincare for young, fresh skin

Young people can often be the ones who suffer the most from skin complaints and problems, yet they perhaps do not have the same amount of choice when it comes to products as someone a little older.



Organic Young has come up with a range of skincare that is high in natural active ingredients, without all of the nasty chemicals.

There are six different products in the Oy! Be Young! range, including a foaming anti-bacterial face wash called Face It, a Peel-Off Face Mask Kit, a gradual tan lotion called Soft Glow and a Cleanse and Moisturise lotion.

Willowbark, tea tree, rosehip, omega oils 3 and 6, prebiotics and green tea all work to fight spots, condition the skin, soothe and exfoliate.

The company also produces organic products for men, babies and children.

Exercise is a great way to help improve the condition of your skin. It can help tackle stress and flushes out toxins from your system.